



- EVENT:** Sixth Annual *Champions for Children 5K TRAIL Run/Walk* presented by South Bay Children's Health Center (SBCHC). The event takes place at Ernie Howlett Park at 25851 Hawthorne Blvd., Rolling Hills Estates, CA 90274
- DATE:** Saturday, June 15, 2019
- EVENT DESCRIPTION:** The Sixth Annual *Champions for Children 5k TRAIL Run/Walk* event will raise money and build awareness of the need for quality mental and oral health services for underserved children, teens and young adults throughout the South Bay and surrounding areas. This event, presented by SBCHC, will attract local business professionals, community partners, families and local corporations. Expected attendance is 600. Carpooling is recommended.
- Participants can join either the 5K Trail Run or the 5K Trail Walk on the beautiful course on the city equestrian and hiking trails. Participants can register individually or gather a team together. The day will be filled with family activities for children of all ages, vendor booths, a Kids Fun Run and a wonderful, healthy team spirit! For more information on the event, please contact us at (310) 316-1212 or [ldaggett@sbchc.com](mailto:ldaggett@sbchc.com) or [mcortez@sbchc.com](mailto:mcortez@sbchc.com)
- EVENT DAY SCHEDULE:** 6:30 – 9:00 AM - Late Registration and event day packet pick-up
- 7:30 AM - Opening Ceremony and Warm-Up
- 8:00 AM – 5K Trail **RUN** Begins
- 9:00 AM – 5K Trail **WALK** Begins
- 9:30 AM – Runners Awards Ceremony
- 10:45 AM – Kids Fun Run (On grass, not on trails)
- REGISTRATION:** Registration is available online at [www.sbchc.com/c4crun](http://www.sbchc.com/c4crun) Until race day, adults are \$35.00; Children ages 4-12 are \$25.00 and children 7 and under participating in the Kids Fun Run are \$15.00. You can also register late at Ernie Howlett Park on race day morning beginning at 6:30 AM.
- OTHER INFORMATION:** **Dogs and strollers are not allowed on the trail for either the run or the walk.** Parking is free and available on-site. The run and the walk will be timed by PCRT (Pacific Coast Timing Company).