

Parent Support Group

For Parents of School-Aged Children

Join us for one of two ongoing, interactive, informative and encouraging groups to help you deal more effectively with the challenges of raising children.

Sessions led by Rocky Wilson, Ph.D.



Ongoing topics will include:

- Parent Self Esteem
- Building Communication Skills
- Discipline
- Strategies for School Success
- Motivation
- Problem solving teen issues
- Limit setting
- Networking with other parents

Monday evenings

Group I: 6:30-8:00 pm

Group II: 8:05-9:30 pm

SDI Counseling Center

2009 Cedar Avenue, Manhattan Beach 90266

Space is limited, so reservations are required.

If you wish to make a donation, it would be greatly appreciated to offset the cost of these groups; however, there is no obligation to do so.

*Funded by Family Support
Program - In partnership with
the South Bay Center for
Counseling*

*Brought to you by: South Bay
Youth Project 310.372.7724*

For more information and to register

call

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